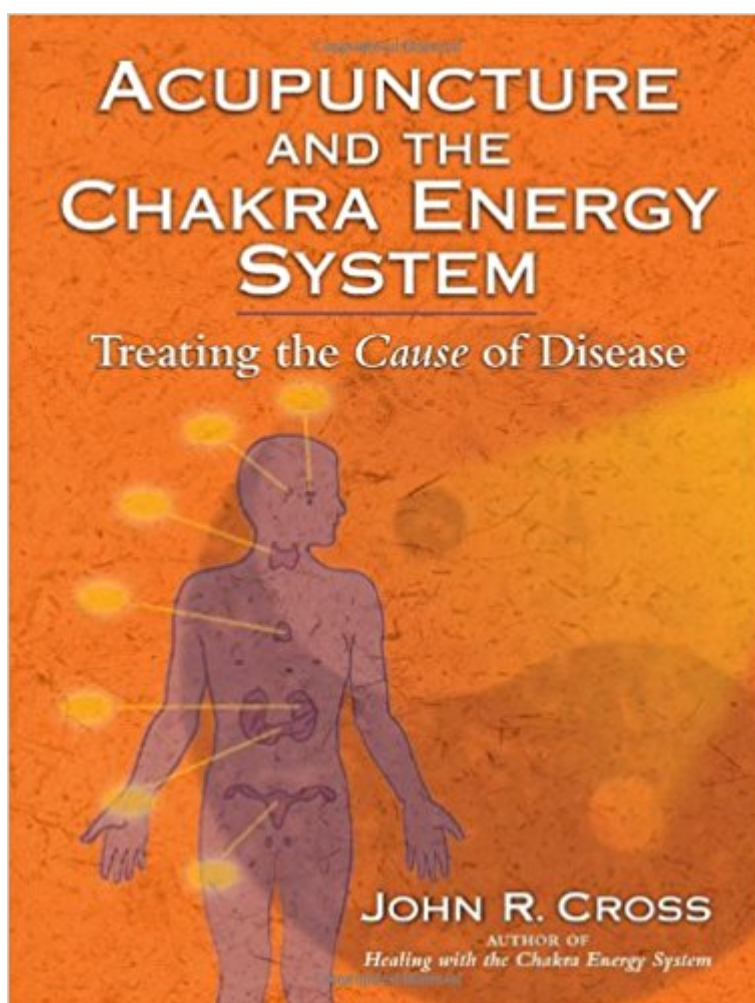


The book was found

Acupuncture And The Chakra Energy System: Treating The Cause Of Disease



Synopsis

Acupuncture and the chakra energy system have both become increasingly mainstream in the West, but rarely have the two approaches been joined into one practice. *Acupuncture and the Chakra Energy System: Treating the Cause of Disease* does just that. By comparing the traditional approaches of Chinese medicine and modern Western acupuncture with the chakra energy system of Ayurvedic philosophy, author John Cross offers clinically proven strategies for treating the causes of conditions, not just the symptoms. The book describes the seven major and twenty-one minor chakras in detail and explains how each is related to the body's aura, meridians, Key points, endocrine glands, autonomic nervous system, and varying symptomatology. Focusing on how to use the chakras in the treatment of chronic physical and emotional conditions—osteoarthritis, rheumatoid arthritis, low back pain with sciatica, insomnia, hypertension, depression, menopausal symptoms, and frozen shoulder, among others—Cross's clear, in-depth explanations make his techniques easy for anyone to follow. Including appendices on how to use the chakras with copper and zinc needles and biomagnets, as well as which types of patients respond to such treatments, *Acupuncture and the Chakra Energy System* is a well-rounded guide for acupuncturists and other practitioners as well as interested students.

Book Information

Paperback: 208 pages

Publisher: North Atlantic Books (July 29, 2008)

Language: English

ISBN-10: 1556437218

ISBN-13: 978-1556437212

Product Dimensions: 7 x 0.5 x 9.2 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 15 customer reviews

Best Sellers Rank: #508,877 in Books (See Top 100 in Books) #112 in Books > Health, Fitness & Dieting > Alternative Medicine > Ayurveda #149 in Books > Health, Fitness & Dieting >

Alternative Medicine > Chinese Medicine #282 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure

Customer Reviews

... without question one of the most brilliant, academic, practical clinical essays on this topic that I have encountered in over thirty-five years. — John A. Amaro, DC, LAc, FIAMA,

DiplAc(NCCAOM) (IAMA), president of the International Academy of Medical Acupuncture • An excellent companion for experienced therapists and students alike. • "Reflexions

John R. Cross has been practicing and teaching orthodox, traditional, and complementary medicine for thirty-seven years. In 2005, the prestigious Chartered Society of Physiotherapy awarded him a Fellowship of the Society for his work integrating complementary therapy approaches, including acupuncture and reflexology, into mainstream physical therapy. He lives on the Isle of Skye, Scotland.

Excellent book explaining the relationship between hindu and chinese traditional medicine. This book is not only good on theory but contains lots of practical examples on the use of chakra points.

Not the easiest read.

Very good book, price content and delivery, I recommend it Thanks !

Excellent book by excellent therapist. He is actually approachable via email posted on his website and he responds punctually to all my queries. If you are not an acupuncturist, his blue book on Acupressure and the Chakra system is more helpful

Wonderful book

Easy to read and understand - helps fill in the gaps.

Still reading & use the book for reference.

I was hoping to be able to find a symptom in the Index and find the points on the page. There are few symptoms to choose from. Very general. Lay out of book is not easy for me to follow. Maybe it is great for another person.

[Download to continue reading...](#)

Acupuncture and the Chakra Energy System: Treating the Cause of Disease Chakras: Chakras :Learning To Balance Your Chakras Made Simple (Chakra Alignment ,Chakra Healing, Chakra Balancing Book 1) Chakra for Sex: Harnessing the Sexual Energy: Lessons, Poses and Exercises

to Open up Your Sacred Chakra and Improve Your Sex Life: Sex Improvement, Book 2 Chakras: Pleasure Guide: Couples Healing; For Lovers (Chakra Balancing, Energy Healing, Couples Therapy, Tantric, Kama Sutra, Couples Therapy, Chakra) Chakra Meditation: A User-Friendly Guide to Opening, Balancing, and Cleansing through Chakra Meditation Techniques CHAKRAS: Chakras for Beginners - Awaken Your Internal Energy and Learn to Radiate Positive Energy and Start Healing (Chakra Meditation, Balance Chakras, Mudras, Chakras Yoga) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) The Gum Disease Cure: How I cured Periodontal Disease in 2 months (Gum Disease Periodontal Disease Periodontitis Receding Gums) Acupuncture Points Handbook: A Patient's Guide to the Locations and Functions of over 400 Acupuncture Points Acupuncture for Beginners: Learn How Acupuncture Works for Weight Loss, Anxiety and Stress Acupuncture Anatomy: Regional Micro-Anatomy and Systemic Acupuncture Networks Pictorial Atlas of Acupuncture: An Illustrated Manual of Acupuncture Points Floral Acupuncture: Applying the Flower Essences of Dr. Bach to Acupuncture Sites Acupuncture For Fertility: From Conception To Delivery & Everything In Between (What Is Acupuncture & How Can It Help Me? Book 2) A New American Acupuncture: Acupuncture Osteopathy - The Myofascial Release of the Bodymind's Holding Patterns The Lymphatic's System Role for Ultimate Health and Energy: An Easy Guide to Activating the Lymphatic System, Optimum Health & Energy and Curing Disorders Mastering the Art of Abdominal Acupuncture: A concise guide to treating numerous painful conditions Autoimmune: The Cause and The Cure (This book identifies the cause & the cure for: Chronic Fatigue Syndrome, Fibromyalgia, Lupus, Rheumatoid Arthritis, Raynaud's, Rosacea, Myasthenia Gravis, Hashimoto's, Type 2 Diabetes, Multiple Sclerosis, Sjogren's, and more)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)